

# Upside Down

## A Line Dance Choreographed by Sho Botham

November 2009

32 counts, 4 walls, Intermediate/Advanced level

Music: Paloma Faith, Upside Down from album Do You Want the Truth or Something Beautiful?

**Section 1: Step R to R, rock replace step forward 1/4 turn L, step forward R, pivot half turn L and syncopated jazz box**

1 Long step R to R, drawing L towards R  
2& Rock L behind R, replace R in place  
3 Step forward L turning 1/4 turn to L  
4& Step forward R, pivot half turn L  
5 Step forward R  
6 Step L across front of R  
7&8 Step back R turning 1/4 L, step L to L, step R across front of L

**Section 2: Charleston kicks and exaggerated paddle turn to L (1 full turn)**

1,2 Step forward L facing diagonal L, kick R leg forward  
3 Step back R  
4& Rock back L, replace R  
5&6&7&8& Step L to start turn to L, Lift R foot towards L knee then 3 exaggerated paddle actions turning L (lifting R foot towards L knee on each & count). You can use shoulder and hand actions to accent footwork.

**Section 3: Hip bumps with twisting action x4, prissy walks forward x4**

1&2&3&4& Step onto R with twisting hip bump (L foot placed on ball of foot a comfortable distance apart towards L). Twisting hip bump action L (L foot stays on ball and swivels with hip bumps – heel towards same side as hip bump)  
Arms – Use arms/hands to accent hip actions  
5 – 8 4 prissy walks forward LRLR with arms high and optional finger clicks or wrist shakes

**Section 4: Locking steps travelling back (locking front) X 2, coaster step L, walks RL to turn 1/4 L**

1&2 Step L diagonally back L to L, lock R in front of L, step diagonally back L to L  
3&4 Step L diagonally back L to L, lock R in front of L, step diagonally back L to L  
5&6 Coaster step LRL  
7,8 Walk forward RL turning 1/4 to L  
Being dance again and enjoy

Option - On 3rd wall you have the option in Section 3 of dancing the prissy walks as 2 slow and 4 quick instead of the usual 4 slow and in Section 4 you can dance 4 quick walks instead of the 2 slow to reflect the music at these points. Dancing these changes does not alter the total number of counts in these sections.

Arms & style: plenty of arm and hand action in this dance will add to the fun, look and challenge