

TELL ME WHAT YOU GOT

Phrased A+B; 2 x 32 counts, 4 wall funky intermediate

Choreographed by: Louise Elfvengren (SE) jan 2010

Choreographed to: Now that we've found love by Heavy D and the Boyz

Dance A,B,B,A,B,B,A,B,B,A,A,B,B



Start dance at vocals

Part A 32 counts

Section 1

WALK x 2, SHUFFLE DIAG. FW, MAMBO ROCK FW, STEPS

- 1-2 Walk forward right-left (12 o clock)
- 3&4 Step diag right, step left beside right, step right forward (01:30 o clock)
- 5&6 Rock left forward, recover onto right, step back on left (01:30 o clock)
- 7-8 Step down right turning straight up (12 o clock) step down on left.

Section 2

WALK DIAG. x 2, SHUFFLE DIAG. FW, MAMBO ROCK FW, STEPS

- 1-2 Walk diag. forward right-left (10:30 o clock)
- 3&4 Step diag right, step left beside right, step right forward (10:30 o clock)
- 5&6 Rock left forward, recover onto right, step back on left (10:30 o clock)
- 7-8 Step down right turning straight up (12 o clock) step down on left.

Section 3

TOUCH STEP BACK, COASTER STEP, ½ STEP TURN LEFT, TOUCH STEP BACK, STEP.

- 1-2 Touch right forward, step right back.
- 3&4 Step left back, step right next to left, step left forward.
- 5-6 Step forward on right, turn ½ stepping forward on left. (6 o clock)
- 7&8 Touch right forward, step right back, step down on left.

Section 4

TOUCH STEP BACK, ¼ SAILOR TURN LEFT, TOUCH STEP BACK, COASTER STEP

- 1-2 Touch right forward, step right back.
- 3&4 Turn ¼ stepping left behind right (with a small sweep) step right next to left, step down on left. (3 o clock)
- 5-6 Touch right forward, step right back
- 7&8 Step left back, step right next to left, step left forward.

PART B 32 counts

Section 1

SIDE, TOGETHER, SIDE, KICK, SIDE TOGETHER SIDE, TURN ¼, STEP.

- 1-4 Step right to right side, step left next to right. Step right to right side, kick left forward.
- 5-8 Step left to left side, step right next to left. Turn ¼ left, step down on right. (12 o'clock)

Section 2

SWIVELS RIGHT, HITCH, STEP, SWIVELS LEFT, HITCH (Moving sideways)

- 1-4 Turn both heels right, turn both toes to right, turn both heels right, lift up left foot.
- 5-8 Step down on left. Turn both heels left, turn both toes to left, lift up right foot.

Section 3

TURN ¼ LEFT, HITCH, POINT FW, STEP, SWIVELS ON SPOT.

- 1-4 Turn ¼ left stepping down on right, lift up left leg, point left forward, step down left beside right. (9 o'clock)
- 5-8 Swivel both toes together, swivel both heels in cross, swivel both toes together, put both feet straight up.

Section 4

VINE WITH HEEL, STEP, SKATES FW

- 1-4 Step left to left, step right behind left, step left to left, put down right heel.
- 5-8 Step down the rest of right foot, skate left, right, left on the spot.