

2 LONELY ARMS & LIPS

Choreography : John Warnars (03-10-2010)

Walls : 2 wall line dance

Niveau : Intermediate

Counts : 68 – 125 bpm – intro 36 counts

Music : Two arms, two lips, too lonely, too long – Teea Goans CD “The way I remember it”

Music link : <http://www.youtube.com/watch?v=ulkbvDfVug&feature=related>

RIGHT SIDE SHUFFLE, ROCK BACK, RECOVER, WEAVE LEFT;

1. RF Step to right side
- & LF Step next to RF
2. RF Step to right side
3. LF Rock back
4. RF Rock back onto right
5. LF Step to left side
6. RF Step right behind left
7. LF Step to left side
8. RF Cross right over left

LEFT SIDE SHUFFLE, ROCK BACK, RECOVER, WEAVE RIGHT;

1. LF Step to left side
- & RF Step / beside Left
2. LF Step to left side
3. RF Step / rock back
4. LF Rock back onto left
5. RF Step to right side
6. LF Cross left behind right
7. RF Step to right side
8. LF Cross left over right

FIGURE EIGHT of GRAPEVINE;

1. RF Step to right side
2. LF Cross left behind right
3. RF Step ¼ turn right for (3)
4. LF Step forward
5. LF+RF Make a ½ turn right (9)
6. LF Step ¼ turn right side (12)
7. RF Step right behind left
8. LF Step ¼ turn left for (9)

ROCKING CHAIR, RIGHT SHUFFLE, CROSS STEP, ¾ TURN RIGHT;

1. RF Step / rock forward
2. LF Rock back onto left
3. RF Step / rock back
4. LF Rock back on right
5. RF Step forward
- & LF Step next to RF
6. RF Step forward
7. LF Cross left over right
8. LF+RF Make a ¾ turn right (6)

RIGHT SIDE SHUFFLE, CROSS ROCK, RECOVER, WEAVE LEFT;

1. RF Step to right side
- & LF Step next to RF
2. RF Step to right side
3. LF Rock left over right
4. RF Rock back onto right
5. LF Step to left side
6. RF Cross right over left
7. LF Step to left side
8. RF Step right behind left

LEFT SIDE SHUFFLE, CROSS ROCK BACK, RECOVER, ¼ TURN RIGHT WEAVE;

1. LF Step to left side
- & RF Step / beside Left
2. LF Step to left side
3. RF Step / rock right behind left
4. LF Rock back onto left
5. RF Step to right side
6. LF Cross left behind right
7. RF Step ¼ turn to right for (9)
8. LF Step forward

TOE HEEL STEPS with ½ TURN, SIDE & CROSS STEP;

1. RF Step with toes forwards
2. RF Drop heel down
3. LF Step left foot back a ½ turn right (3)
4. LF Drop heel down
5. RF Step right foot ¼ turn right side
6. RF Drop heel down
7. LF Cross step left toe over RF
8. LF Drop heel down

½ MONTEREY TURN, SIDE SHUFFLE, ROCK BACK, RECOVER;

1. RF Touch right toe to right side
2. RF make a ½ turn right on ball of LF & close RF next LF (12)
3. LF Touch left toe to left side
4. LF Touch left toe beside right
5. LF Step to left side
- & RF Step / beside Left
6. LF Step to left side
7. RF Step / rock back
8. LF Rock back onto left

¼ TURN KICK BALL CHANGE 2X;

1. RF Kick forward
- & RF Step / closes next to left with ¼ turn left (9)
2. LF step next to RF
3. RF Kick forward
- & RF Step / closes with ¼ turn left beside left (6)
4. LF Step next to RF

1. Start again ...