

Safety Dance

Choreographed by Johanna Barnes



Johanna Barnes

Description: 64-count, 2-wall, intermediate line dance
Music: Safety Dance, Glee Cast Version (16 ct intro)

Note: clock notations relate to the start wall for each phrase

1~8: CROSS WALKS L WITH ARMS* x2, CHECK STEP, RECOVER, WEAVE 1/4 R, 1/2 TURN R

- 1 R step across L *
- 2 L step to L side *
- 3 R step across L *
- 4 L step to L side *
- 5 R push step across L
& L recover weight
- 6 R step to R side
& L step behind R
- 7 R step 1/4 R (3:00)
& L step forward
- 8 R step 1/2 R forward (9:00)

*Hand/arm movement for 1-4:

* Fingers linked, create a rolling wave from
R elbow to L elbow at chest level, 4 times

Or snap fingers as hands go outward,

Or anything that's fun to do,

And/or double time the steps!

& 9~16: R & L TOUCH-HOLD, R HEEL JACK, L STEP, 1/2 CHASE TURN R

- & L step slight forward
- 1 R touch forward
- 2 hold
- & R step weight center
- 3 L touch forward
- 4 hold
- & L step weight center
- 5 R step across L
& L step to L side
- 6 R touch heel out toward 10:00
& R step weight center
- 7 L step forward
& R 1/2 turn R (3:00)
- 8 L step forward

17~24: CHARLESTON STEPS R L, STEP 1/4 L CROSS R, L SIDE SHUFFLE

- 1 R touch forward
& R swing 1/2 back
- 2 R step (back)
- 3 L touch back
& L swing 1/2 forward
- 4 L step (forward)
- 5 R step forward
& turn 1/4 L, weight L (12:00)
- 6 R step across L
- 7 L step L
& R step next to L
- 8 L step L

25~32: OLD SCHOOL CROSS TOUCHES, SMALL JAZZ JUMP FWD R L W/ CLAP, BOUNCES X 2, WEIGHT R

- 1 R touch across L to diagonal
dip R shoulder, throw hands down and back
- 2 R step weight center
- 3 L touch across R to diagonal
dip L shoulder, throw hands down and back
- 4 L step weight center
& R teeny jump forward
- 5 L step forward, slightly apart from R
- 6 Clap hands
- 7 small bounce, weight R
- 8 small bounce, weight R

**33~40: PUSH SLIDES R/L, 1/2 PUSH TURN,
1/2 PENCIL TURN, R TOUCH, L TOUCH**

(as if a toe strut followed by a drag)

- 1 L step slightly forward, pushing weight into ball of L foot, L knee slightly bent
- 2 drop heel (full weight L) as you slide R foot back, slightly bending L knee
- 3 R step forward, pushing weight into ball of R foot, R knee slightly bent
- 4 drop heel (full weight R) as you slide L foot back, slightly bending R knee
- 5 L step forward
- & 1/2 turn R, step R (6:00)
- 6 1/2 turn R, L step next to R (12:00)
- 7 R touch to R side
- & R step center next to L
- 8 L touch to L side

**41~48: L BODY ROLL, TOUCHES L R,
R 'C' BUMP, STEP L, R CROSS**

- 1 body roll back toward L foot
start w/ shoulders, angled to 1:00
- 2 take weight L
- & R step next to L
- 3 L touch to L side
- & L step next to R
- 4 R touch to side
- 5 lift R hip as you bump to R
- & bump hips to L
- 6 take hips back to R, sitting slightly, weight R
- 7 L small step forward slightly open to 10:00
- 8 R step across L

**49~56: ROCK RECOVER CROSS X2,
L CHASE TURN, WALK R, L TOGETHER.**

- 1 L push step to L side
- & recover weight R
- 2 L step across R, travel slightly forward
- 3 R push step to R side
- & recover weight L
- 4 R step across L, travel slightly forward
- 5 L step forward
- & 1/2 turn R, step forward on R (6:00)
- 6 L step forward
- 7 R step forward
- 8 L step next to R

**57~64: "S NODS" (to 80's Safety Dance),
STRUTS IN PLACE**

- 1 L arm curved overhead, fingers pointing right with palm facing down. R arm curved at waist, fingers pointing left with palm facing up, creating an "s" with your arms, left arm on top
- 2 pulse same movement
- ah switch position to opposite
- 3 R arm curved overhead, fingers pointing left with palm facing down. L arm curved at waist, fingers pointing right with palm facing up, creating an "s" with your arms, left arm on top
- 4 pulse same movement (weight L)
- & R slight lift or kick (arms come down)
- 5 R step center
- & L slight lift or kick
- 6 L step center
- & R slight lift or kick
- 7 R step center
- & L slight lift or kick
- 8 L step center, full weight

(BEGIN AGAIN, and most certainly DWYF!)