Regresa

Choreographed By Ruben Luna – rsluna2@aol.com   Phone (626) 319-1900

Description: 32 count, 4 wall, Intermediate line dance - Cha Cha rhythm
Music: Regresa – By Calo available on iTunes
Dance begins after 48 counts on vocals Approx. 27 secs.

Step Left To Left Side, Cross Rock Recover, Triple To Right, Hinge ½ Turn Right, Step Together, Triple To Left
1-3   Step left to left side, cross rock right over left, recover onto left
4&5   Step right to right side, step left next to right, step right to right side
6-7   Hinge ½ turn to right stepping left to left side (6:00), step right next to left
8&1   Step left to left side, step right next to left, step left to left side

Rock Recover, ¼ Turn Left Step, Cross, Step, ½ Turn Left, ¼ Turn Left, Cross Shuffle
2-3   Rock right foot back, recover forward onto left
4&5   ¼ turn left step right back (3:00), cross left back over right, step right foot back
         (when doing 4&5 do a slight arc, looking left and beginning to turn over left shoulder)
6-7   ½ turn left step left forward (9:00), ¼ turn left step right to right side (6:00)
         (Note: Counts 4&5, 6, 7 travel towards 9:00 wall in a smooth curve)
8&1   Cross left in front of right, step right to right side, cross left over right

Box Step with Lock Steps
2-3   Step right to right side, step left next to right
4&5   Step right back, lock step left over right, step right back
6-7   Step left to left side, step right next to left
8&1   Step forward with left, lock step right behind left, step left forward (left toe out to prep for left turn)

½ Turn Left, ½ Turn Left, ¼ Turn Rock Recover Cross, Step Left ,Right, Triple To Left
2-3   ½ turn left step right foot back (12:00), ½ turn left step left forward (6:00)
4&5   ¼ Turn Left step right to right side (3:00), recover onto left, cross right over left
6-7   Step left to left side, step right next to left
8&1   Step left to left side, step right next to left, step left to left side (first step of new wall)