

OPEN UP YOUR HEART

Choreographer : John Warnars

Walls : 4 wall line dance

Niveau : Intermediate

Counts/bpm : 32 – bpm 117 – intro 16 counts

Music : Prairie Oyster – Open up your heart – CD "Anthology or One Kiss"

CROSS STEP, SIDE STEP, COASTER STEP, CROSS STEP, STEP BEHIND, COASTER STEP;

1. RF Cross step right over left
2. LF Step to left side
3. RF Step diagonally back left (7:30)
& LF Step / close beside right
4. RF Step right diagonally right forward (7:30)
5. LF Cross step left over right
6. RF Step $\frac{1}{4}$ turn left backwards (9)
7. LF Step back
& RF Step / closes next to left
8. LF Step forward

ROCK, RECOVER, BACK LOCK STEP, FULL TURN (2 counts), COASTER CROSS;

1. RF Rock forward
2. LF Rock back on LF
3. RF Step back
& LF Cross step in front RF
4. RF Step back
5. LF Step with $\frac{1}{2}$ turn left forwards (3)
6. RF Step with $\frac{1}{2}$ turn left backwards (9)
7. LF Step back
& RF Step next to left
8. LF Cross step left over right

SIDE ROCK, RECOVER, CROSS SHUFFLE, 2 x $\frac{1}{4}$ TURN RIGHT, LEFT SHUFFLE;

1. RF Rock to right side
2. LF Rock back on LF
3. RF Cross step right over left
& LF Step beside right
4. RF Cross step right over left
5. LF Step with $\frac{1}{4}$ turn right backwards (12)
6. RF Step with $\frac{1}{4}$ turn right forwards (3)
7. LF Step forward
& RF Step next to left
8. LF Step forward

ROCK, RECOVER, ½ TRIPLE TURN RIGHT, ROCK, RECOVER, COASTER STEP;

1. RF Rock forward
2. LF Rock back on LF
3. RF Step with ¼ turn right to right side (6)
& LF Step beside right
4. RF Step with ¼ turn right forwards (3)
5. LF Rock forward
6. RF Rock back on RF
7. LF Step backwards
& RF Step next to left
8. LF Step forward

1. RF Start again ...

NOTE: (restart)

Restart on wall 5, after count 24 (12:00)!