### ONE OF THOSE

Choreographed by Charlene Wiencek

**Description:**64 count, 4 wall, high beginner line dance (Partner version available)

Music: It's Been One Of Those Days by Bobby Vinton [CD - Mr. Lonely)

Bring Your Own Money by The Fabulous Jelly Rolls (CD-Beach Boogie Blues)

Mama Talk to Your Daughter by Barry Bass & Nappy Brown (CD-Beach Boogie Blues)

Small Up and Simple Down by Neil McCoy (CD-No Doubt About It)

Good Rockin' Daddy by Marcia Ball & Angela Strehli (CD - Dreams Come True)

Romeo by Dolly Parton (CD - 16 Biggest Hits)

\* See MUSIC note on bottom of step sheet

# KICK, KICK, SAILOR STEP, KICK, KICK, SAILOR STEP

1-2 Kick right foot across front of left, kick diagonal to right

3&4 Cross right behind left, step left together, step right to side

5-6 Kick left foot across front of right, kick diagonal to left

7&8 Cross left behind right, step right together, step left to side

### ROCK RECOVER, 1/2 TURN TRIPLE, WALK, WALK, WALK, TOUCH (1/2 turn)

1-2 Rock right forward, recover left

3&4 Triple ½ turn right, stepping right, left, right (6:00)

5-8 Walk around - 1/2 turn right - Walk left, right, left, touch right (12:00)

# RIGHT, LEFT, RIGHT FORWARD, TOUCH, LEFT, RIGHT, LEFT BACK, TOUCH

1-2 Step right to right side, left together

3-4 Step right forward, touch left next to right

5-6 Step left to left side, right together

7-8 Step left back, touch right next to left

### CHASSE' RIGHT, ROCK RECOVER - CHASSE' LEFT, ROCK RECOVER

1&2 Step right to right side, step left beside right, step right to right side

3-4 Rock left back, recover to right

5&6 Step left to left side, step right beside left, step left to left side

7-8 Rock right back, recover to left

### STEP, HOLD, 1/2 TURN LEFT, HOLD, STEP, HOLD, 1/4 TURN LEFT, HOLD

1-2 Step right forward, hold

3-4 Turn 1/2 left stepping left forward, hold (weight on left)

5-6 Step right forward, hold

7-8 Turn 1/4 left, hold (weight on left) (3:00)

### STEP RIGHT WITH SWAY, RETURN LEFT WITH SWAY, REPEAT

1-2 Step right to right while bending right knee slightly and dropping right shoulder. Sway weight to right

3-4 Sway back (left) to upright position (bring right foot in slightly to left) (no weight on right)

5-6 Repeat counts 1-2

7-8 Repeat counts 3-4

### VINE RIGHT, TOUCH, VINE LEFT, 1/4 TURN LEFT, SCUFF

1-2 Step right to side, cross left behind right

3-4 Step right to side, touch left next to right

5-6 Step left to side, cross right behind left

7-8 Turn 1/4 left, step left forward, scuff right (12:00)

### SHUFFLE FORWARD Xs TWO - JAZZ BOX 1/4 TURN RIGHT

1&2 Chasse' forward, right, left, right
3&4 Chasse' forward, left, right, left
5-6 Cross step right over left. step left back
7-8 Turn 1/4 right, step right forward, step left next to right (weight on left - 3:00)

## **START AGAIN**

#### TAG \*

While dancing to "It's Been One of Those Days" there is a 16 count break in the music. Tag at the end of wall 2 (6:00) Suggested dance steps for the 16 count tag are:

## STEP, HOLD, PIVOT TURN 1/4 LEFT, HOLD - REPEAT

1-2 Step right forward, hold (weight right)

3-4 Pivot turn 1/4 left, hold (weight left)

5-6 Step right forward, hold (weight right)

7-8 Pivot turn 1/4 left, hold (weight left)

Repeat above steps 1-8 (16 full counts - you have just completed a full circle - 6:00)

Attitude - Lean into each turn with attitude. Raise/bend right arm up/out to side/front. Snap fingers on right hand with each - Step right forward, hold.

NOTE: \*TAG - If you prefer to be creative on the tag, please do! Just use up 16 counts!

**MUSIC** - This dance seems to fit so many songs I couldn't list all that I've done it to. Here are few more suggestions:

Patient Heart by Bekla & Billy, Little Deuce Coupe By The Beach Boys, Jukebox by Michael Martin Murphy (add tag), Hunk of Burning Love by Elvis Presley, I Know You Want Me by Pitbull, Freedom by Paul Anka, Let It Whip by Dazz Band, Free and Easy(Down the Road) by Dierks Bentley, on, and on, and on.....

# Experiment! ENJOY!

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