

Mama Mia

Choreographed by: Bill Beckett

40 ct. 4 wall (could be one wall) Beginner/Inter. dance (with a tag !!!)

Song: Mama Mia from the movie sound track

1-2-3-4 Right vine (right behind right touch left
5-6-7-8 Left vine (left behind left touch right next to left)

1-2-3-4 Right forward rock weight on right, touch left next to right on rt., left behind, right, touch left next to right (like a lock step)

5-6-7-8 Left forward on left, right behind left, left, touch right next to left

1-2-3-4 step back right on an angle to right, left together, step right, touch left

5-6-7-8 Step back left on an angle to the left, right together, step left touch right next to left

1-2-3-4 Vine right (rt, left behind, right, touch left next to right)

5-6-7-8 Vine left *with 1/4 turn to left (left, behind, left, turning 1/4 to left), touch right next to left

1-2- rock weight on right, touch left next to right

3-4 left weight on left, touch right next to left

5-6 rock weight on right, touch left next to right

7-8 left weight on left, touch right next to left

TAG is, repeat last 8 steps, just once, then resume doing the dance no more tags.

(HINT: When teaching to remind your students when the tag is, Yell out Do it again. (I have done this and seems like the class will be yelling it)

The Tag is done at the end of the dance after the fourth time thru. (If a four wall dance tag is done when you face the front wall after one complete rotation of the dance, at the end of the fourth time thru the dance or all four walls). You can hear the change of music

To make it a one wall dance, do not do the 1/4 turn