

In Your Heart

Choreographer: Malene Jakobsen, Denmark
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Type of dance:	40 counts, 2 Walls NC2
Level:	High intermediate
Choreographed to:	Without You by Laura Pausini from the album From The Inside, available on iTunes, 68 BPM
Intro:	16 counts, 17 seconds into track just before vocals, dance begins with weight on R

Counts	Footwork	Facing
1-8	Step ½ with sweep, behind, side, cross, vine, step, walks, step turn, ½	
1	(1) Step fwd. on L and on ball of L make ½ R sweeping R from front to back	6.00
2&3	(2) Cross R behind L, (&) step L to L side, (3) cross R over L	6.00
&4&	(&) Step L to L side, (4) cross R behind L, (&) step L to L side	6.00
5-6-7	(5) Step fwd. on R, (6-7) walk fwd. L, R	6.00
&8&	(&) Step fwd. on L, (8) turn ½ R, (&) turn ½ R stepping back on L	6.00
9-16	¼ basic, vine with cross, ¼, step ½, lock step, side rock, cross	
1-2&	(1) Turn ¼ R stepping R to R side, (2) close L behind R, (&) cross R over L	9.00
3&4	(3) Step L to L side, (&) cross R behind L, (4) step L to L side	9.00
&5	(&) Cross R over L, (5) turn ¼ L stepping fwd. on L	6.00
&6	(&) Step fwd. on R, (6) turn ½ L – weight on L	12.00
&7	(&) Lock R behind L, (7) step fwd. on L	12.00
&8&	(&) Rock R to R side, (8) recover onto L, (&) cross R over L	12.00
17-25	L basic, ¼ with sweep, cross, ¼, ¼ L basic, ¼, mambo	
1-2&	(1) Step L to L side, (2) close R behind L, (&) cross L over R	12.00
3-4&	(3) Turn ¼ R stepping fwd. on R sweeping L from back to front, (4) cross L over R, (&) turn ¼ L stepping back on R	12.00
5-6&	(5) Turn ¼ L stepping L to L side, (6) close R behind L, (&) cross L over R	9.00
7	(7) Turn ¼ stepping fwd. on R	12.00
8&1	(8) Rock fwd. on L, (&) recover onto R, (1) step back on L sweeping R from front to back	12.00
26-33	Back/sweep, back, ¼, step turn, step/sweep, rock, recover/sweep, back lock, ½	
2-3&	(2) Step back on R sweeping L from front to back, (3) step back on L, (&) turn ¼ R stepping fwd on R	3.00
4&5	(4) Step fwd on L, (&) turn ½ R, (5) step fwd. on L sweeping R from back to front	9.00
6-7	(6) Rock fwd. on R, (7) recover onto L sweeping R from front to back	9.00
8&1	(8) Step back on R, (&) lock L in front of R, (1) step back on R and on ball of R make ½ turn L	3.00
34-40	Step down, side rock ¼, cross, ¼, ¼, cross rock, side, cross rock, step	
2	(2) Step down on L	3.00
&3&	(&) Rock fwd. on R, (3) recover onto L making ¼ L, (&) cross R over L	12.00
4&	(4) Turn ¼ R, stepping back on L (&) turn ¼ R stepping R to R side	6.00
5-6&	(5) Rock L across R, (6) recover onto R, (&) step L to L side	6.00
7-8&	(7) Rock R across L, (8) recover onto L, (&) step slightly fwd. on R	6.00