**IT FEELS GOOD**

**Count:** 32 **Wall:** 4 **Level:**  Low Intermediate **Tag/Restart:** 1

**Choreographer:** Ilona Tessmer-Willis (USA) July 2015

**Music:** "It Feels Good" by Drake White ([Google Play](https://www.youtube.com/cthru?version=2&c2b=googlemusic&key=AE_82TeyNN4Q1Nt8zMwWvlBYj0SqZd8uiBvk4Lu6ijOLMWVe1NC_Ph9lorMJvH6isWH62QjG5ikywvGwwOHrLz6RRjh0cyfRrMHgDV7ArbFDvNaxK9Xkvd2r1RQK65eFI3UqtcXK1dR5NQcrxHrmzU82CZuXXdAjpfEp2ikk80Qbr5NfWZOLqy4AsFnd3crOcYtWQr3qdMjp6f4PPzfcoUDBZxXAc_ptJNyF_kQ58vyo8ukjRFcF8DY&v=OdWXJvV-ILY) • [AmazonMP3](https://www.youtube.com/cthru?version=2&c2b=amazonmp3&key=AE_82Tds-4grZE5fa8bh8TRNOs1SWMGJSBiTa69ize41NBf2Neok5RxTzsOr_2mfPevrJ2r9BToGqah8Y0lZ9HXoNHh1xv_C2LYi1cwhH4RdMCGFX253UI0TvglETCOQJsh8Z86-ImQ3&v=OdWXJvV-ILY) • [iTunes](https://www.youtube.com/cthru?version=2&c2b=itunes&key=AE_82Te7qCan2p7bva6nFMeXzb_DZW7y0jD1AzS6QjEeVDrkc5SN24VvqaiTtFWTpsK7HYnTTaZ_fqJP2-dG_e_lB2GTLFhtdAEsEEYbOERNbyzgXTJVAbVZSkbXTFbhf5DdonNMIxMz559se506_RNkZ7ErZIXDuaNVTCSQ7ITYnvxQvgSdofOjQ8wYV-_CiRwv2vEtVGzH&v=OdWXJvV-ILY)) (2:40 BPM: 126

Introd: 16 cts

**S1 STOMP R, HOLD, HOP L, R STEP, L KICK 1/4 L TURN: WALK L & R, ½ L TURN: L SHUFFLE**

**1-2** Stomp R, Hold

**& 3-4** Hop with L, R Step in Place, Kick L

**5-6** ¼ L Turn: Walk L & R

**7&8** ½ L Turn: L, R, L Shuffle (weight on Left)

**S2 RIGHT VINE, SCUFF L, L FORWARD SHUFFLE, ¼ R TURN: R FORWARD SHUFFLE**

**1-2** R Step to Right Side, L Step Behind R

**3-4** R Step to Right Side, L Scuff

**5&6** L Forward Shuffle, L,R,L,

**7&8** ¼ R Turn: Shuffle Forward R, L, R, (weight on Right)

**S3 L ROCK FORWARD, ¼ R TURN: WALK BACK L, TAP R, R SIDE SHUFFLE, SYNCOPATED HIP BUMP L,R,L**

**1-2** L Rock Forward, Recover R

**3-4** ¼ R Turn: Walk Back L, Tap R

**5&6** R Side Shuffle R,L,R

**7&8** Hip Bump L,R,L (weight on Left)

**S4 WALK FORWARD R & L, R FORWARD SHUFFLE, ½ R TURN: L PIVOT, FULL R TURN: SHUFFLE L ,R, L (OPTION TO TURN: WALK IN PLACE L,R,L,)**

**1-2** Walk forward R & L

**3&4** Shuffle Forward R,L,R

**5-6** 1/2 Right Pivot: L Pivots

**7&8** Full Turn: Shuffle L,R,L ( weight on Left)

**16 COUNT TAG AT WALL 3**: 8 cts Dance S1

8 cts Vine R & L

Restart dance

Enjoy this great song by dancing along---have fun!

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