

## **HANDS UP BEGINNER**

Choreographed by: Charlotte Neckelmann (Aug 10)

Music: For The Lovers by Whitney Houston (CD: I Look To You)

Descriptions: 32 count - 4 wall - Beginner level line dance

32 counts intro

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split floor dance to Choreographer: CRAIG BENNETT, ENGLAND (Hands Up)

### **WALK FORWARD. RIGHT MAMBO FORWARD LEFT MAMBO BACK. TOE POINT, R & TOE POINT L**

1-2 Walk forward right(1) walk forward left (2) 12:00

3&4 Rock forward w/Right foot (3)step in place w/left foot (&)bring right foot next to left (4) 12:00

3&4 rock back w/left foot (5) step in place w/right foot (&) bring left foot next to right (6) 12:00

7&8 Touch right toe out to right side (7), step right next to left (&), touch left toe out to left side (8) 12.00

### **¼ TURN LEFT & STEP TOUCHES FORWARD DIAGONALLY X2 .POINT**

1-2 Make ¼ turn left on left foot (1) Drop Left heel to floor. (2) 9:00

3-4 Step diagonally forward right(3) touch left together (4) 9:00

5-6 Step diagonally forward left(5) touch right together(6) 9:00

7-8 Tap right toes forward.(7) tap right toes to side.(8) 9:00

### **ROCK. STEP ½ TURN. STEP LOCK STEP X2 RIGHT & LEFT**

1-2 Rock on right (1) recover left (2) 9:00

3-4 Stepping forward on right make ½ turn over left Shoulder (7)and weight back on left (8) 3:00

5&6 Step forward on right (5) Lock left behind right.(6) Step forward on right (6) 3:00

7&8 Step forward on left (7) Lock right behind left (&) Step forward on left Step (8) 3:00

### **KICK X2 SAILOR RIGHT. KICK X2 SAILOR LEFT**

1-2 kick Right (1)side kick Right (2)(kick down slightly with the foot) 3:00

3&4 sailor step right (3)left (&)right (4) 3:00

5-6 kick, left (5)side kick left (6) (kick down slightly with the foot) 3:00

7&8 sailor Left behind right ¼ turn left (7)stepping forward right(&)S tep left forward (8) 3:00

### **START AGAIN**

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