

Boom Boom Pow

Choreographed by Suzanne Wilson

Description: 32 count, 4 wall, beginner hip hop line dance

Music: Boom Boom Pow by Black Eyed Peas [130 bpm]

***Start dance either 14 seconds in on words "Boom Boom Boom"
OR wait until 28 seconds in on words "hit that beat the block"

TAP TWICE, WALK, WALK, TAP TWICE, SHUFFLE BACK

- 1-2 Tap left toe forward twice
- 3-4 Step forward on left, Step forward on right
- 5-6 Tap left toe forward twice
- 7&8 Shuffle step back left, right, left

ROCK RECOVER TURNS

- 1-2 Rock right foot out to right side, turn 1/4 left and recover weight to left
- 3-4 Turn 1/4 turn left and rock right foot out to right side, recover weight to left
- 5-6 Rock right foot out to right side, turn 1/4 left and recover weight to left
- 7-8 Turn 1/4 turn left and rock right foot out to right side, recover weight to left

HIP SHAKES 1/4 TURN LEFT, 2 STEPS UP, 2 STEPS BACK

- 1-2 Touch right foot to right (right hip out to right), Step on right foot
- 3-4 Turn 1/4 left and touch left foot to left (left hip out to left), Step on left foot
- 5-6 Step right forward diagonal right, Step left forward diagonal left
- 7-8 Step right back, Step left next to right

STEP FORWARD/BACK TOUCH, WALK, WALK

- 1-2 Step back on right, touch left next to right
- 3-4 Step forward on left, touch right next to left
- 5-6 Step back on right, touch left next to right
- 7-8 Step forward on left, step forward on right

REPEAT